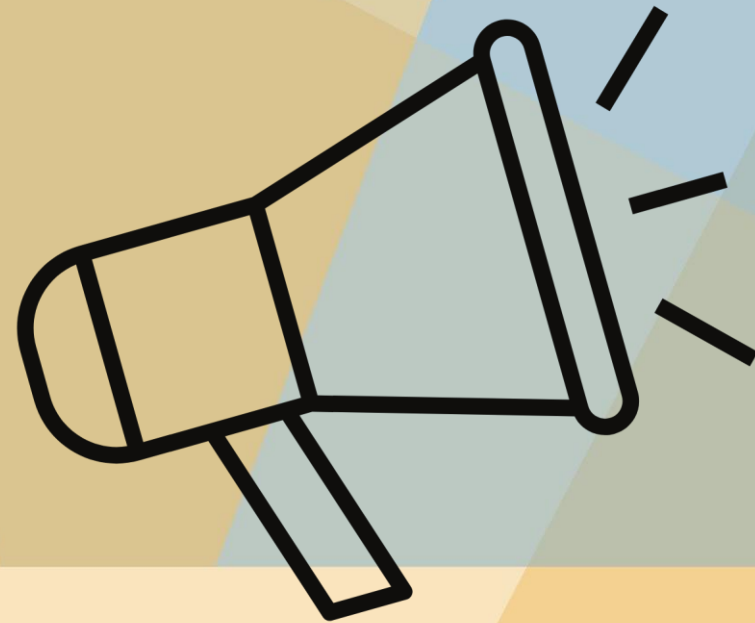


# 3<sup>RD</sup> ANNUAL MAGNIFY VOICES EXPRESSIVE ARTS CONTEST 2021

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FOR NEW HAMPSHIRE  
YOUTH IN GRADES 5 - 12

RAISE AWARENESS,  
ERASE STIGMA AND  
EFFECTUATE CHANGE



# Magnify Voices 2021

- New Hampshire youth in grades 5 - 12 are invited to submit creative pieces about their experiences with mental health.
- Winners will be chosen by a panel of judges with varied expertise according to their grade (5-8th and 9-12th).
- All creative pieces will be showcased to help raise awareness, erase stigma and effectuate change!

EXPRESS  
YOURSELF!



## OPTIONS

- Short film
- Essay or poem
- Other medium of expression such as song, dance or art

My house is your heart.  
I invade your life  
Without meaning to.  
I'm sorry

But I had to be heard.  
It was my purpose  
To find you when you were lost.  
I'm sorry.

Whenever people ask you  
If you're ok  
Think of me.  
They don't understand.  
I'm sorry

For making them wonder.

Sincerely,  
Sadness

# Guidelines

- Short film (2 minutes or less, mp4 file format)
- Essay or poem (1000 words or less) – can be submitted as text or video
- Other medium of expression ( 2 minutes or less for dance or song)
- Adult (teacher, coach, advisor, parent) oversight required. Focus on safe messaging and safety of the youth
- Due March 31, 2021
- Application and permission slips must be completed

# Prizes:

- 5 - High School (9-12 grade)
- 5 - Upper Elementary/Middle School (5-8 grade)
- \$250/winning submission (\$2500 in prize money)
- People's Choice Award/Trophy (1-from top 10)



# Next Steps

- Contest will open the first week of February
- Website <https://tinyurl.com/MagnifyVoices2021> for rules & forms and Facebook page for updates
- Be creative and submit entry by March 31, 2021
- Stay tuned for details on winners and celebration event